

Adjusting To A Healthier Lifestyle

FREE

CHIROPRACTOR[®]

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MONTHLY

**Energy
Meltdown**

Get the chiropractic boost

**The Lowdown
On Back Pain**

Relief for sciatica

**Bountiful
Barley**

Hearty and healthful

**Jane
Seymour**

Chiropractic is
part of Jane's
Healthy Lifestyle



COMPLIMENTS OF:

Blank space for a complimentary gift or message.

Next Appointment: _____ Date: _____ Time: _____